



Physical Education (PE)

How is the Physical Education curriculum adapted for Lammack children?

Here at Lammack we believe that a high-quality PE curriculum should be an integral part of day to day school life and that is understood and contributed to by staff, pupil and parents. This high-quality physical education will ensure our pupils are exposed to a range of sports which will promote enjoyment, teamwork and sportsmanship. With the use of PE Passport, we are able to ensure our lessons and clubs are targeted to the individual pupils needs. Alongside these important skills PE will also promote the health and wellbeing of our pupils as well as giving them a chance to excel in all areas of the curriculum. This focus on movement and being active is a priority for the pupils at Lammack. We aim to have all pupils showing their engagement with PE through enjoyment, positive attitude and participation in sporting events.

How this subject is taught

The curriculum is taught through whole-class sessions, which are based on the current Lancashire Scheme of Work. The lessons are delivered using the Lancashire PE Passport app. This has been introduced to support the implementation of the latest changes to the National Curriculum. When appropriate, a cross-curricular element is introduced (for example, dance is often taught through year group topics.)

The class teacher is primarily responsible for the teaching of PE, with teaching assistant support available when necessary, whilst the knowledge and expertise of the subject leaders can be called upon when appropriate. In addition, a specialist sports coach has been employed by school to aid staff development and pupil progress across all year groups.

In school, we have a wide range of sports facilities and resources which are used both in lessons and during extra-curricular activities. These include:

- Two indoor halls which contain climbing frames and other small apparatus;
- An all-weather Astroturf marked out for multiple sports activities;
- Three outdoor playgrounds with markings for games and playtime activities;
- A large field suitable for playing a variety of sports including; football, rugby, cricket, rounders and athletics;
- A marked orienteering course;
- Two outdoor climbing areas and two climbing walls;
- A well-stocked PE resource room.

Foundation Stage

Children in the Foundation Stage are given an increasing number of opportunities to undertake activities which offer physical challenges both indoor and out. Foundation Stage children are encouraged to develop confidence and control when handling equipment. During PE lessons, children focus on developing gross and fine motor skills. The Lancashire scheme of work supports teachers in understanding the 5 key Fundamental Movement Skills pupils will develop to ensure they are ready for Key Stage One PE.



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Key Stage One

In Key Stage One, pupils develop 10 fundamental movement skills and increase competency and confidence across a wide range of activities - including running, jumping, throwing and catching - resulting in an improvement in their agility, balance and co-ordination, both individually and with others. Class teachers teach lessons which allow children to perform dances using simple movement patterns. The children participate in team games both in school and against other schools within the borough; this develops a competitive nature and an opportunity to develop simple tactics, which are taught in school, for attacking and defending.

Key Stage Two

In Key Stage Two, pupils apply the skills learnt in Key Stage One. The children develop a wider range of skills which they learn how to use in a variety of ways, linking them to create actions and sequences of movement. Children enjoy communicating, collaborating and competing with each other across a range of sporting activities. They develop an understanding of how to improve their own work in different physical activities and sports, and evaluate and recognise their own successes.

As well as continuing to develop the skills learnt in Key Stage One, the children also develop a range of attacking and defending tactics which are transferable to a range of competitive games such as badminton, basketball, cricket, football, hockey, netball and rounders. Class teachers teach lessons which allow children to develop flexibility, strength, technique, control and balance especially through gymnastics and dance. The children also learn to perform dances using a range of movement patterns.

How this subject is assessed

Teachers continually assess the children's skills throughout the year, identifying strengths and addressing difficulties - these are then considered when planning the next stage of teaching. The Lancashire PE Passport provides teachers with a range of lesson progressions - which are used appropriately with regard to each individual's progress and needs - rather than on a lesson-by-lesson basis. Each unit of work contains core tasks which are to be completed both prior to, and at the end of the unit in order to provide staff with appropriate assessment opportunities. All assessment is gathered on the PE Passport application.