



LAMMACK
PRIMARY SCHOOL

PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage - Indoor	Fundamental Movement Skills	FMS - Transport	FMS – How to Catch a Star	FMS - Rumble in the Jungle	FMS - Seaside	FMS - Castles

KS1		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Indoor	FMS – Baseline Unit	Gymnastics	Dance	Gymnastics	Dance	FMS and Gym
	Outdoor	FMS – Rolling a ball	FMS – Overarm Throw	FMS – Underarm Throw	FMS – Catching and Bouncing a Ball	FMS – Tri Throlf	Athletics
Y2	Indoor	FMS – Baseline Unit	Gymnastics	Dance	Gymnastic	Dance	FMS end of KS1 Assessment
	Outdoor	OAA – The Great Outdoors	FMS - Bounce	Games – Net and Wall	Y2 FMS – Playground Games	Games – String and Fielding	Athletics



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LKS2		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	Indoor	Gymnastics	Athletics	Dance	Gymnastics	Games – Net and Wall	Dance
	Outdoor	Invasion Games – Handball	OAA – Team Work and Problem Solving	Invasion Games – Rugby	Creative Games – Tag and Target	Athletics	Striking and Fielding - Cricket
Y4	Indoor	Invasion Games – Basketball	Gymnastics	Dance	Net and Wall Games	Striking and Fielding - Rounders	Athletics
	Outdoor	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming



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UKS2		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y5	Indoor	Gymnastics	Athletics	Dance	Gymnastics	Games – Net and Wall	Dance
	Outdoor	Invasion Games – Hockey	OAA – Orienteering	Invasion Games – Rugby	Creative Games	Striking and Fielding – Cricket	Athletics
Y6	Indoor	Gymnastics	Athletics	Dance	Gymnastics	Games – Net and Wall	Dance
	Outdoor	OAA – Teambuilding	Invasion Games - Netball	Striking and Fielding - Cricket	Invasion Games - Rugby	Striking and Fielding - Rounders	Athletics