# Sustainable Home Learning and Play

These activities are designed for going to a safe outdoors space such as a garden or local park. If this is not possible every activity has an indoors adaptation below. For more ideas and video demonstrations join our Facebook group www facebook.com/groups/2947052738685771/

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Week 7 Survival Skills!



#### **Suitable Shelters**

Homes and shelters are adapted to suit their environment and use the locally available resources. Can you create a shelter for living in the desert, the jungle, the savannah or somewhere else? Get inspiration from our Global Homes resource.

#### **Bread with a Twist**

Every self-respecting adventurer needs to make sure they are well-fed! Why not try out this simple yeast-free recipe for bread on a stick during your lockdown adventures? It can be done over any type of fire or under the grill if you can't get out!

### **Infant Weaponry!**

In these wild lockdown lands we need to make sure our settlements are well protected from any unwelcome visitors! This resource will guide you through making your own sword and shield and ensuring you have a licence for its safe use!

# **Animal Tracks and Signs**

We can learn so much from the clues that wildlife leaves behind. Try spotting signs on your daily walk. Indoors, recreate your own signs such as footprints, animal remains or even fake poop! Is your home shared with any other living things?

## **What Knot?**

Knots are so useful in bush-craft in the creation of tools, shelters, simple structures etc. Whilst we always preach "if you can't tie knots tie lots" have a go at learning a couple of simple knots and see what you can design and create!

## **Natural Weather Forecasting**

What can the natural world tell us about weather forecasting? Before satellites and weather presenters how did we know what was coming?! Look at what clouds tell us about the weather. See how plants respond to physical conditions. Identify animal behaviours, weather patterns and more.



For more resources visit www.ltl.org.uk/free-resources

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